

**SAMHSA Primary and Behavioral Health Care Integration (PBHCI)
West Region (1) Learning Community In-Person Meeting
August 23-24, 2012
DoubleTree by Hilton Portland • Portland, OR
Agenda**

Who Should Attend: Grantees should consider sending staff most closely involved in the implementation of the PBHCI project, including the project director, primary care partner, evaluator, wellness coordinator, and key HIT and clinical staff.

Thursday, August 23

1:00 pm – 1:15 pm

Welcome and Introductions

Aaron Williams, CIHS Liaison
Trina Dutta, SAMHSA GPO

1:15 pm – 2:00 pm

Learning Community Updates

Aaron Williams, CIHS Liaison
Trina Dutta, SAMHSA GPO
David Dickinson, SAMHSA Administrator, Seattle Region
Richard Rysdam, HRSA, Seattle Region
Hal Zawacki, HRSA, San Francisco Region (invited)

This session will provide updates about the upcoming Cohort V grantees, changes to the Learning Community structure, and what to expect for the coming year, including planned technical assistance. Grantees will also have the opportunity to hear from the SAMSHA and HRSA regional representatives and ask questions.

2:00 pm – 3:00 pm

HIT Project Discussion

Mike Lardiere, Project Director, Health Information Technology, CIHS
Colleen O'Donnell, Project Associate, Health Information Technology, CIHS

This session will help grantees wrap up their HIT supplement projects and develop plans for moving forward after the grant period ends.

3:00 pm – 3:15 pm

Break

3:15 pm – 5:00 pm

Grantee Sharing Session

Grantees will break out into small groups and rotate through different tables to discuss specific topic areas. Topic areas will include:

- Tobacco cessation
- Dental and vision services

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Center for Integrated Health Solutions

During the last part of the session grantees will report out what they learned (i.e., barriers and solutions) to the larger group.

5:00 pm

Adjourn

6:00 pm

Optional Group Dinner

Friday, August 24

8:30 am – 9:15 am

PBHCI: Where Are We Now?

Aaron Williams, CIHS Liaison

Trina Dutta, SAMHSA GPO

This session will frame the goals for the meeting and include updates and discussion on progress to date across the PBHCI projects, including a review of the PBHCI dashboard that looks at various key indicators (e.g., enrollment to date, reassessment)

9:15 am – 10:30 am

The Role of Trauma Informed Care in Integration

Cheryl Sharp, Special Advisor for Trauma-Informed Services, National Council for Community Behavioral Healthcare

This session will focus on understanding the role of trauma in behavioral and physical health problems as well as practical steps that may be taken in behavioral health and primary care settings to address the needs of consumers for whom trauma is a significant contributing factor in their overall health status. Practical action steps grantees may take include changes to the environment, policies, procedures, and practices that promote safety, trust, and emotional comfort.

10:30 am – 10:45 am

Break

10:45 am – 11:45 am

Team Activity: Applying PDSA to Wellness Activities

The Plan-Do-Study-Act (PDSA) cycle is a core process through which performance assessment and improvement can be achieved. During this session, grantees will be given an overview of the PDSA process. Grantees will then break out into their teams and, using a guide provided by CIHS, complete a PDSA plan for one of their wellness activities. During the last part of the session grantees will have the opportunity to share their plans with the larger group.

11:45 am – 1:00 pm

Lunch on Your Own

Grantees are encouraged to use this time as an opportunity to network among the various meeting participants, including primary care partners, evaluators, and wellness coordinators.

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1:00 pm – 2:00 pm

Considerations about Sustainability

Aaron Williams, CIHS Liaison
Trina Dutta, SAMHSA GPO

This session will review sustainability planning, including the financial, clinical, and administrative factors to take into consideration. Health Homes will also be reviewed. Grantees currently involved in work around Health Homes will share their experiences.

2:00 pm – 3:15 pm

Breakout Discussions

Grantees will have the opportunity to engage in 1 of 2 breakout discussions:

Topic #1 – Medication Management

Joan King, Senior Integration Consultant, National Council for Community Behavioral Healthcare

Discussion will focus on assisting consumers to make informed decisions about medication and how to use medication in a way that will promote safety and effectiveness. Problems associated with the ineffective use, overuse, underuse, and misuse of medication including the challenges associated with pain management will be addressed. The role of HIT in medication management will also be discussed. Grantees who have developed successful approaches to medication self-management will be invited to co-present.

Topic #2 – Open Access/Addressing No Shows

Aaron Williams, CIHS Liaison

Traditional methods of scheduling appointments are ineffective in busy behavioral health and primary care clinics. They lead to long waits for appointments and high no show rates that in turn lead to increased use of emergency services. This translates into increased healthcare costs with decreased quality of care. No shows also impact productivity and billing of the organization. Grantees will discuss open access scheduling for improved clinical outcomes and to reduce the impact of missed appointments on clinic operations.

3:15 pm – 3:30 pm

Wrap Up and Evaluation

3:30 pm

Adjourn



NATIONAL COUNCIL
FOR COMMUNITY BEHAVIORAL HEALTHCARE



1701 K Street NW, Suite 400, Washington, DC 20006
web www.integration.samhsa.gov
email Integration@thenationalcouncil.org
phone 202.684.7457